Why our modules alternate theory and workshop

Équipe L’Akadémie · 2026-11-10

Understand, then do: the teaching principle behind all our 7-hour modules.



Understand to act

Each 7-hour module combines a theory session and a hands-on workshop. Theory provides vocabulary and landmarks; the workshop applies them to a concrete case.

What it changes

- Concepts are retained because they are used.
- Every participant leaves with a deliverable or tangible result.
- Assessment covers what people can do, not just what they can say.

And remotely?

Our free online courses follow the same logic: glossary, essentials, then workshop or hands-on labs where possible.

Original article : https://akademiedudigital.com/en/blog/training/why-theory-and-workshop